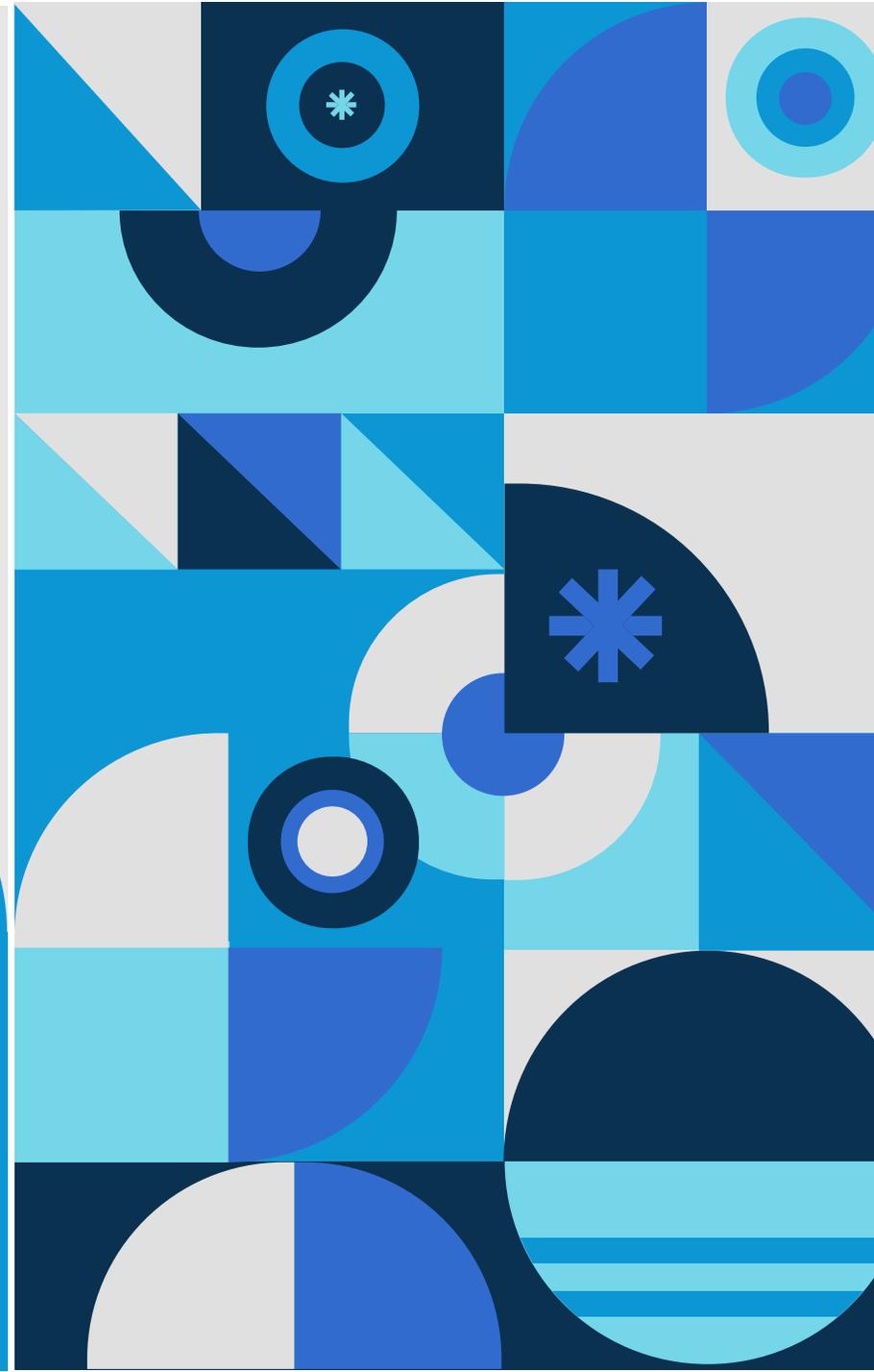


New Trends in PTSD Treatment & Recovery

December 10, 2020

2:00 pm MST / 4:00 pm EST

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- All participants will be muted during the entirety of the webinar.
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Meet the Panelist



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Disclosures

- These panelists have no financial conflicts of interest related to MDGuidelines.
- The views expressed in this presentation are those of the authors and do not necessarily reflect the position or policy of the VA or the United States government or any of the institutions with which the authors are affiliated.
- Drs. Grunert & Brady were panel member contributors for the American College of Occupational and Environmental Medicine (ACOEM) PTSD and Acute Stress Disorder evidence-based practice guideline, which may be referenced in this presentation and is proprietary information of MDGuidelines.

An introduction to PTSD

- Post-traumatic stress disorder (PTSD) is a complex group of symptoms that includes pathological anxiety, can be chronic or acute, and can occur with delayed onset.
- PTSD occurs when an individual is exposed to an extremely traumatic, often life-threatening situation such as military combat or a violent personal assault.
- Lifetime prevalence risk in the US is 8%, and the prevalence in groups at high risk is 33-50%.
- Complications of PTSD include high rates of unemployment, divorce, substance abuse, other psychiatric disorders (e.g., major depression, panic attacks), and suicide.

<https://www.mdguidelines.com/mda/post-traumatic-stress-disorder>

Discussion Topics

1. What is the best treatment for PTSD patients?
2. What is the latest research showing promise for PTSD care?
3. How has COVID-19 impacted care?
4. Who is at higher risk for PTSD or poor outcomes?
5. Could you share some practical advice for returning patients to work?

Audience questions & closing thoughts

Please type your questions into the WebEx chat box on the right side of your screen.



Thank you for joining us!

Comments or questions about
the webinar can be sent to
healthcare@mdguidelines.com

